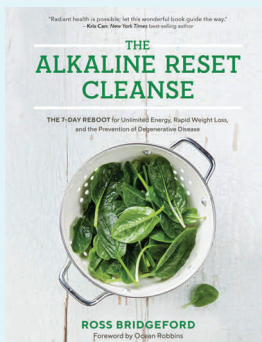
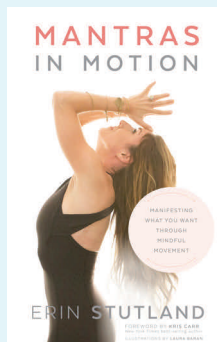


## NEW HAY HOUSE TITLES



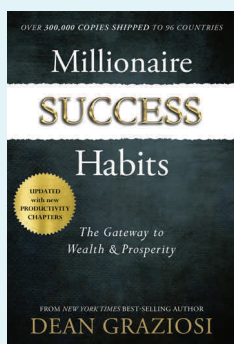
**ALKALINE  
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RRP: \$48.00  
9781401955489  
Hay House  
Hardback  
248 pages

The **ALKALINE RESET CLEANSE** is a different way of thinking about the body and how we can rapidly replenish, heal, and reboot ourselves back to optimal health. The body's number-one goal is to maintain homeostasis and balance throughout our major organs and systems. This balance is based around the Five Master Systems- endocrine, immune, digestive, detoxification, and alkaline buffering (pH balancing). Through our dietary and lifestyle choices, we are constantly putting our body into a state of emergency. We need to wipe the slate clean. We have to give the body the tools it needs.



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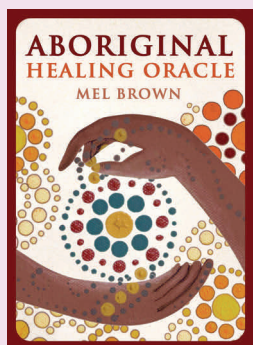
**MILLIONAIRE SUCCESS HABITS** is a book designed with one purpose in mind- to take you from where you are in life, to where you want to be in life, by incorporating easy-to-implement 'success habits' into your daily routine. This book is not about adding more time to your day. It is about replacing those things that are not serving your future with success habits designed specifically to assist you on your journey to a better you



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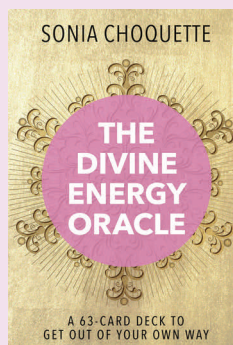
Recent years have seen our options and opportunities increase exponentially—yet people are more lost and confused than ever, suffering from 'opportunity shock'. How do we select the most successful path? How do the Richard Bransons of the world seize the right moments and make the most rewarding and lucrative decisions?

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**ABORIGINAL HEALING ORACLE CARDS** is a unique Indigenous healing set of 36 cards divided into three sets of cards: Bush Medicine, Animal Totems and Aboriginal Ancestors. The **ABORIGINAL HEALING ORACLE CARDS** has been created to enable the user to undertake the traditional three-card read of past, present and future, encompassing Aboriginal healing within a holistic approach.



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