

# Akasha Books & Gifts - New Titles

Books Gifts CDs DVDs & Card Sets for Mind Body and Spirit

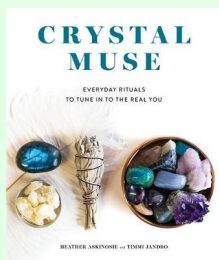
FreePhone 0800 NEWAGE  
0800 639243

Volume 12, Issue 12

December 2017

www.akasha.co.nz

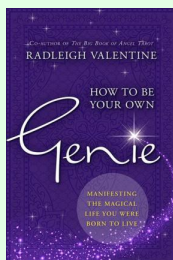
## HAY HOUSE TITLES



### CRYSTAL MUSE

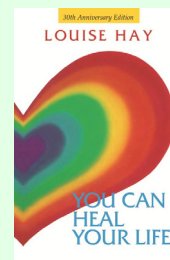
by *Heather Askinosie*  
& *Timmi Jandro*  
RRP: \$48.00  
9781401952389  
Hay House  
Hardback  
304 pages

For over two decades, *Heather Askinosie* and her business partner, *Timmi Jandro*, have been offering insights into crystals through their crystal healing business, Energy Muse. Throughout **CRYSTAL MUSE**, *Heather* and *Timmi* share their personal stories on the path toward alternative practice, and explain how these remedies can work for the reader's life too.



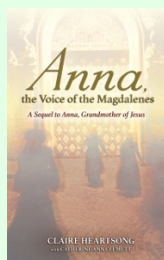
HOW TO BE  
YOUR OWN GENIE  
by *Radleigh Valentine*  
RRP: \$26.00  
9781401951313  
Hay House  
Paperback  
192 pages

After years of suppressing and denying his true self, *Radleigh Valentine* had a revelation: "The sparklier I am, the more me that I am, the happier and more magical my life becomes." Thus started a spiritual journey that led *Radleigh* to becoming the internationally renowned speaker, best-selling author, and spiritual intuitive that he is today. Now *Radleigh* distills all he's learned over the decades through messages from the universe, angels, and his own experiences to show you how to manifest and live the magical life that you were meant to have.



YOU CAN  
HEAL YOUR LIFE  
30TH ANNIVERSARY  
EDITION  
by *Louise Hay*  
RRP: \$24.00  
9781401950842  
Hay House  
Paperback  
272 pages

*Louise Hay's* key message in this powerful work is: "If we are willing to do the mental work, almost anything can be healed." *Louise* explains how limiting beliefs and ideas are often the cause of illness, and how you can change your thinking...and improve the quality of your life! Packed with powerful information – you'll love this gem of a book! This special edition, released to mark *Hay House's* 30th anniversary, contains 16 pages of photographs.



ANNA THE VOICE OF  
THE MAGDALENES  
by *Claire Heartsong*  
& *Catherine Ann Clemett*  
RRP: \$26.00  
9781781809099  
Hay House  
Paperback  
400 pages

**ANNA THE VOICE OF THE MAGDALENES**, by *Claire Heartsong* and *Catherine Ann Clemett*, is the sequel to *Claire Heartsong's* first book, **ANNA, GRANDMOTHER OF JESUS**. Journey with Anna, the Holy Family and 18 other Magdalene-Essenes as they carry their work forward into France and Britain after Jesus's (Yeshua's) crucifixion and resurrection disclosing personal and deeply transforming experiences with the resurrected Yeshua. Receive a greater understanding of the Christ drama 2,000 years ago and its relevance to present-day humanity and your own awakening.



RELATIONSHIP  
FIRST AID KIT  
by *Timothy O'Leary*  
RRP: \$24.00  
9781401938628  
Hay House  
Paperback

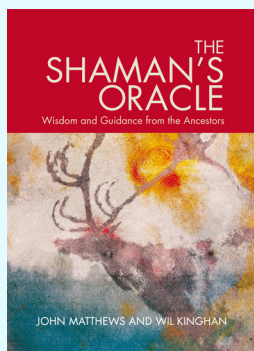
Relationship advice often centres on what not to do, rather than what to do. Couples already know they shouldn't yell at each other, not put each other down, and not to neglect their relationship. What they don't know, is how not to do these things. **THE RELATIONSHIP FIRST AID KIT** offers practical solutions to common relationship difficulties, revealing that negatives are not actually the problem and that they can be converted into ways to get closer.



SACRED  
POWERS  
by *davidji*  
RRP: \$26.00  
9781401952839  
Hay House  
Paperback  
296 pages

Award-winning author of *Secrets of Meditation* and stress management expert *davidji* offers his five time-tested principles to awakening transformation so you can ground yourself, gain clarity, make life-affirming decisions, step into your power, own your impact, and soar! *davidji* outlines how the five Divine Principles of One, Awareness, Rebirth, Infinite Flow and Inner Fire help us to tap into our innate, sacred powers. Amongst others, these powers include Attention, Intention, Action, Acceptance and Release which we can call on in times of need.

## OTHER PRODUCTS



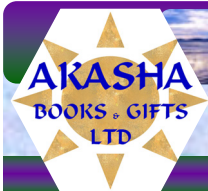
SHAMANS  
ORACLE  
CARDS  
by *John Matthews*  
& *Will Kinghan*  
RRP: \$31.00  
9781786780898  
Watkins  
Cards

Created by practising shaman *John Matthews* and beautifully illustrated with evocative images of cave paintings by *Wil Kinghan*, this highly original deck contains 52 cards, which are divided into five groupings - Spirits, Ancestors, Hunters, Dancers and Shamans - each representing a different aspect of human experience. Two further cards - the Journeyer and the Helper - represent the person who is conducting the reading: the Seeker.



SPIRIT  
COMMUNICATION  
BOARD  
by *Fabio Listrani*  
RRP: \$32.00  
9788865274958  
Lo Scarabeo  
Boxed Set

One of the most famous tool for communication with spiritual entities, the Ouija board was used by mediums in the XIX century and still remained one of the safest and easiest techniques to contact the spiritual plane. This board is not in wood, but printed on cloth, over 3mm base, so it's much lighter, more resistant and easier to carry around and store when not in use. Includes instructions and the techniques to use the board.  
39cm x 29cm



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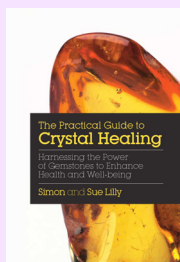
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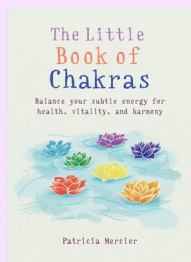
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## NEW TITLES



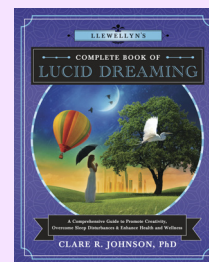
**PRACTICAL GUIDE  
TO CRYSTAL HEALING**  
by *Simon & Sue Lilly*  
RRP: \$31.00  
9781786780966  
Watkins  
Paperback  
320 pages

Crystal therapy experts *Simon and Sue Lilly* provide practical tips on how to use these precious stones to restore overall health and further spiritual development. Using clear, step-by-step instructions, **THE PRACTICAL GUIDE TO CRYSTAL HEALING** will teach you how to use crystals to heal the body, balance the mind, cope with change, feed the spirit, and live in harmony.



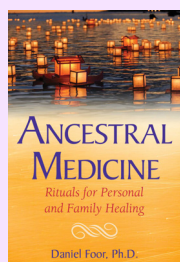
**LITTLE BOOK  
OF CHAKRAS**  
by *Patricia Mercier*  
RRP: \$18.00  
9781856753708  
Gaia Books UK  
Paperback  
96 pages

This beautifully illustrated little book will help you to awaken your chakras to improve your physical health, balance energies and resolve physical, emotional and spiritual issues. With detailed descriptions of the chakras and their associations and easy-to follow exercises and activities, you will learn how to work with each of these powerful centres of energy to enhance all aspects of your life.



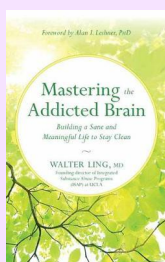
**LLEWELLYN'S  
COMPLETE  
BOOK OF  
LUCID DREAMING**  
by *Claire Johnson*  
RRP: \$69.00  
9780738751443  
Llewellyn  
Paperback  
456 pages

*Clare R. Johnson* shares the most up-to-date lucid dreaming techniques on how to get and stay lucid, guide dreams, resolve nightmares, deepen creativity, and integrate dream wisdom into everyday life. Drawing on cutting-edge science and psychology, this book is packed with inspiring stories of life-changing lucid dreams and fascinating insights.



**ANCESTRAL  
MEDICINE**  
by *Daniel Foor*  
RRP: \$40.00  
9781591432692  
Bear & Co  
Paperback  
336 pages

*Daniel Foor, PhD*, details how to relate safely and effectively with your ancestors for personal, family, and cultural healing. He provides exercises and rituals, grounded in ancient wisdom traditions, to help you initiate contact with your ancestors, find supportive ancestral guides, cultivate forgiveness and gratitude, harmonize your bloodlines, and assist the dead who are not yet at peace.



**MASTERING THE  
ADDICTED BRAIN**  
by *Walter Ling*  
RRP: \$32.00  
9781608685004  
New World Library  
Paperback  
192 pages

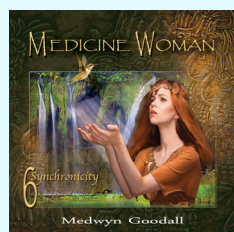
*Walter Ling, MD*, shows that addiction can be managed once its true nature is understood. Without finger wagging or assigning blame, Ling guides addicts and their loved ones through the tortuous path to recovery, offering both encouragement and tips to avoid potential triggers for relapse, such as stress, boredom, and social pressure.



**MIND AT HOME  
WITH ITSELF**  
by *Byron Katie  
& Stephen Mitchell*  
RRP: \$38.00  
9781846045349  
Rider  
Paperback  
336 pages

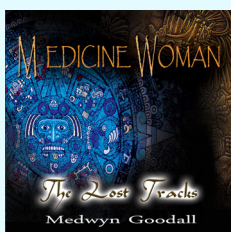
In **A MIND AT HOME WITH ITSELF**, *Byron Katie* explains that emotions such as sadness, anger and resentment come from believing our stressful thoughts. When we learn to question the thoughts, they lose their power. And when this happens, our minds are free to turn towards others, and ourselves, with a spirit of generosity.

## MEDWYN GOODALL



**CD-MEDICINE  
WOMAN 6  
SYNCHRONICITY**  
by *Medwyn Goodall*  
RRP: \$32.00  
MGCD313  
MG Music  
Compact Disc

Crafted and shaped to envelope you in a sound of shimmering high vibration this is one of *Medwyn Goodall's* finest works and among the best of the **MEDICINE WOMAN** sequels. Full of his signature Guitar and Panpipes, but somehow more in that there is a divinity, cosmic element to the music that bathes you in love and light.



**CD-MEDICINE  
WOMAN  
THE LOST TRACKS**  
by *Medwyn Goodall*  
RRP: \$32.00  
MGCD321  
MG Music  
Compact Disc

*Medwyn Goodall* discovered in his private collection of studio recordings, notes, and tapes, a collection of ideas for many of his earlier albums including the original **MEDICINE WOMAN**. Among the ideas were never before heard tracks that were originally made for the album but not included nor released. Restored and re-recorded this is the very rare opportunity to hear the missing tracks from the original album.



**CD-STEPPING  
STONES  
(2 CDS)**  
by *Medwyn Goodall*  
RRP: \$45.00  
MGCD323  
MG Music  
Compact Disc x2

A Very Special DOUBLE album of the VERY BEST of *Medwyn Goodall*, updated to include the best and most popular tracks from 2000 to 2017. The CD version is a wonderful 2-disc CD case BOX-set design, which is 2 discs in a double CD case, perfect for a gift.

Visit our website [www.akasha.co.nz](http://www.akasha.co.nz) for price and availability

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FREEFAX: 0800 845-738  
EMAIL: [info@akasha.co.nz](mailto:info@akasha.co.nz)

or order direct on our web site: [www.akasha.co.nz](http://www.akasha.co.nz)



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