

NEWSLETTER

Books CDs DVDs & Card Sets for Mind, Body, and Spirit

Volume 7, Issue 1

January 2012

Hi Everyone,

Welcome to 2012.

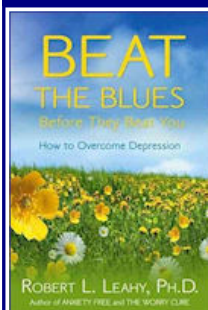
We hope you all had a festive Christmas and an enjoyable New Year.

2012 is shaping up to be a year of challenge and change, we certainly live in interesting times.

This month there is an interesting mix of books, cards and CD's available including the long awaited paperback of **BIOLOGY OF BELIEF** from **Bruce Lipton**, **CD-LOVE YOUR BODY** from **Louise Hay** and the **DREAM FAERIES INSPIRATIONAL DECK** from **Lo Scarabeo**.

The Akasha Team.

NEW TITLES



BEAT THE BLUES BEFORE THEY BEAT YOU by Robert Leahy

RRP: \$26.00
9781401921699 Hay House
Paperback 192 pages

BEAT THE BLUES BEFORE THEY BEAT YOU outlines the causes, symptoms and treatments for depression in a clear and easy-to-read manner. Real-life patient stories combined with simple step-by-step instructions help you understand depression.

BIOLOGY OF BELIEF by Bruce H. Lipton

RRP: \$26.00
9781401923129 Hay House
Paperback 256 pages

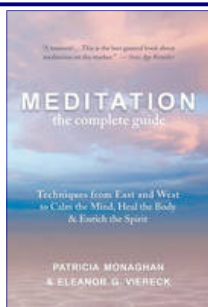
Using simple language, illustrations, humour, and everyday examples, **Bruce Lipton** demonstrates how the new science of Epigenetics is revolutionising our understanding of the link between mind and matter and the profound effects it has on our personal lives and the collective life of our species.



MEDITATION THE COMPLETE GUIDE (REVISED) by Patricia Monaghan & Eleanor Vereck

RRP: \$39.00
9781608680474 New World Library
Paperback 384 pages

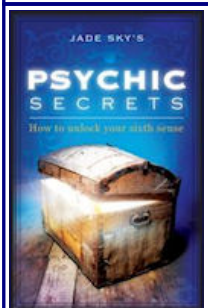
This one-stop resource not only describes 35 distinct meditation practices, it also details their historical background and contemporary use, ways to begin, and additional resources.



CHAKRA EXPERIENCE (BOOK & CD)

by Patricia Mercier RRP: \$37.00
9781841814032 Godsfield Press
Book & CD 256 pages

Going far beyond a reference guide, **THE CHAKRA EXPERIENCE** is more like a personal tutor, explaining how to work with your chakras and access benefits such as improved health, stress reduction and spiritual development.



JADE SKY'S PSYCHIC SECRETS by Jade Sky

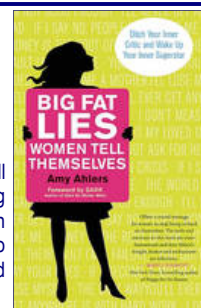
RRP: \$33.00
9781921878480 Rockpool Publishing
Paperback 240 pages

Psychic/Medium **Jade Sky** shows you how to become attuned to the spirit world. She helps you to meet your spirit guides, to open yourself up psychically, to see and feel auras and to be able to sense things intuitively. Easy to follow activities, exercises and information will help you to unlock the secrets to your psychic world.

BIG FAT LIES WOMEN TELL THEMSELVES by Amy Ahlers

RRP: \$32.00
9781608680283 New World Library
Paperback 240 pages

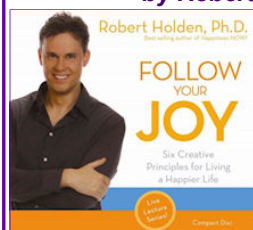
Amy Ahlers's witty, wise, and cut-to-the-chase book will give you everything you need to take on those bullying Inner Mean Girls and Inner Critics - and win. You'll learn how to rewire the self-sabotaging lies you tell yourself into affirming truths that will increase self-respect, self-love, and self-compassion, transforming your inner and outer lives.



NEW CDs

CD-FOLLOW YOUR JOY by Robert Holden

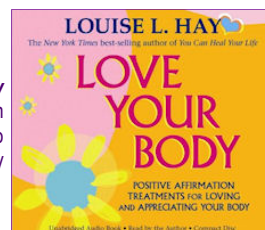
RRP: \$18.00
9781401935108 Hay House
Compact Disc



In this inspiring and entertaining live talk, **Dr. Robert Holden** calls on you to follow your joy. "People who follow their joy experience the fullness of their being," says Robert. "They discover a depth of creativity and talent that inspires us. They are the renaissance workers who make our world a more beautiful place."

CD-LOVE YOUR BODY

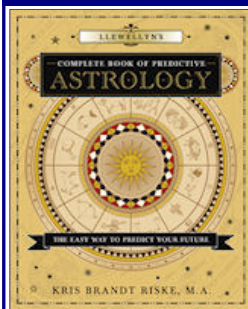
by Louise Hay RRP: \$18.00
9781401937423 Hay House
Compact Disc



On this wonderful CD program, **Louise L. Hay** narrates the positive affirmation treatments from her book of the same name, which are designed to help you manifest a beautiful, healthy and happy body.

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NEW TITLES

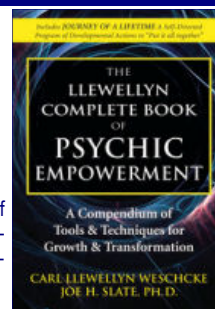


**LLEWELLYN'S
COMPLETE BOOK OF
PREDICTIVE ASTROLOGY**
by **Kris Brandt Riske** RRP: **\$40.00**
9780738727554 Llewellyn
Paperback 288 pages

Being able to forecast your future gives you a remarkable edge. Whether it's taking advantage of approaching opportunities or preparing for challenges that are heading your way, predictive astrology helps you maximize your innate potential.

**LLEWELLYN COMPLETE BOOK
OF PSYCHIC EMPOWERMENT**
by **Carl Llewellyn Weschcke
& Joe Slate PhD** RRP: **\$62.00**
9780738727097 Llewellyn
Paperback 552 pages

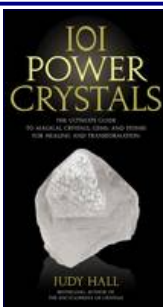
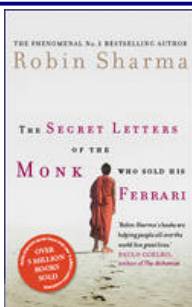
A do-it-yourself journey that organizes the concepts of psychic empowerment into a cohesive plan that progresses from positive self-affirmations to powerful step-by-step psychic development techniques.



**SECRET LETTERS OF THE MONK
WHO SOLD HIS FERRARI**

by **Robin Sharma** RRP: **\$28.00**
9780007321117 Harper Collins
Paperback 224 pages

A moving and fascinating journey from the Bosphorus River in Turkey to a remote fishing community in India to the catacombs of Paris, **THE SECRET LETTERS OF THE MONK WHO SOLD HIS FERRARI** offers transformational lessons for happiness and true success and shows readers how to live an authentic and meaningful life.



101 POWER CRYSTALS
by **Judy Hall** RRP: **\$30.00**
9781592334902 Fairwinds Press
Paperback 224 pages

Top crystal expert and author **Judy Hall**, presents 101 crystals everyone should know more about. Each of these 101 crystals are powerful across a wide spectrum of uses and suitable for the beginning and the advanced crystal practitioner.



RETURN OF THE REBEL ANGELS
by **Timothy Wyllie** RRP: **\$47.00**
9781591431251 Bear & Co
Paperback 488 pages

Providing an update to The Urantia Book through angelic transmissions he has received and remarkable spirits he has met, **Timothy Wyllie** investigates the underlying motives of the angelic rebellion and the impact it has had on our planet for the past 200,000 years.

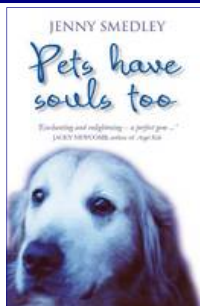
IROQUOIS SUPERNATURAL
by **Michael Bastine** RRP: **\$42.00**
9781591431275 Bear & Co
Paperback 384 pages

Covering nearly the whole of New York State from the Hudson and Mohawk River Valleys westward across the Finger Lakes region to Niagara Falls and Salamanca, this mystical culture's supernatural tradition is the psychic bedrock of the Northeast, yet their treasury of tales and beliefs is largely unknown and their most powerful sacred sites unrecognized.



PETS HAVE SOULS TOO
by **Jenny Smedley** RRP: **\$25.00**
9781848500907 Hay House
Paperback 204 pages

Do our pets have souls? **Jenny Smedley's** work with people and their pets has led to overwhelming evidence not only that they do, but that they also have the capacity to help, heal and even be reborn, giving comfort and unconditional love to all.



DRAGON KEEPERS HANDBOOK
by **Shawn MacKenzie** RRP: **\$34.00**
9780738727851 Llewellyn
Paperback 288 pages

With hard science and myth, empirical wisdom, and original line drawings, **THE DRAGON KEEPER'S HANDBOOK** is the draconic encirclion for the modern world, providing everything you need to know about these extraordinary beings.

NEW CARDS

DREAM FAERIES INSPIRATIONAL DECK
by **Francesca Gentì** RRP: **\$52.00**
9788865271100 Lo Scarabeo
Cards

12 Fairies linked to the astrological Signs, cards glowing in the dark, a book, a tale, a kind of magic. Boxed set includes 12 full-color, glow-in-the-dark cards and a 192-page, full-color companion guide.



I CHING DEAD MOON DECK
by **Luis Royo** RRP: **\$45.00**
8420707411985 Lo Scarabeo
Tarot Deck

The long awaited new deck by **Luis Royo**, famous fantasy illustrator and author of the Black Tarot and the Labyrinth Tarot, this deck follows the format of the I Ching. The boxed deck includes 64 cards in full color and an instruction booklet.



Visit our website **www.akasha.co.nz** for price and availability

TO ORDER:

FREEPHONE:

(0800 AKASHA)

0800 252-742

FREEFAX:

0800 845-738

EMAIL:

info@akasha.co.nz

or order direct on our web site:

www.akasha.co.nz



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